



Complimentary Professional Development for Educators Technical Assistance Program (TAP)

LIVE VIRTUAL COMPLIMENTARY PROFESSIONAL DEVELOPMENT WORKSHOP VIA  ZOOM

Supporting Students Mental Health

Part 2

Defusing Anger and Teaching Alternatives

Thursday, November 21, 2024

8:30-3:00 (All Day)

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One of the most difficult behaviors educators confront when supporting students with mental health concerns are their expressions of anger. In part 2 of this series, we will examine how to respond when students are angry as well as providing alternatives to the anger response. Topics include:

- Heading off the anger response and staff's role when students become angry
- Using an anger management training model, help students recognize cues, which will alert them when they begin to get angry and situations which can result in anger outburst
- Providing strategies that can help students better regulate strong emotional responses and alternatives to responding with anger

Supporting Students mental Health Part 1 will be presented on 10/29/24. To view afterwards, please visit our Hot Topics On Demand Library of Recorded Webinars at cestap.org.

A survey will be posted in the zoom chat box at the end of the presentation. You must complete the Survey to receive your Certificate of Completion.

All Day Click ➔

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