



Complimentary Professional Development for Educators Technical Assistance Program (TAP)

LIVE VIRTUAL COMPLIMENTARY PROFESSIONAL DEVELOPMENT WORKSHOP VIA  ZOOM

Solutions & Strategies to Improve Behavior & Mental Health in the Classroom

Thursday, September 26, 2024

8:30-11:30 or 12:00-3:00

Presented by Lydia M. Sandoval, M.A.

Technical Assistance Program (TAP) Consultant and Behavior Management Specialist

Trauma, Anxiety, Mental Health and **Toxic Stress** are common buzz words we hear all the time. When behaviors of concern continue to get in the way of a student's ability to focus and learn, this also includes the teacher's ability to teach when students are distracted and feeling anxious. Join me on this virtual zoom webinar to learn simple and easy strategies (free) to embed into daily routines. Drive self-awareness and support for student and educator wellness.

- ★ Learn about the origins of behavior
- ★ Understand which approach is the most effective. Is it Trauma-Informed Practice, Social Emotional Learning (SEL), Self-regulation or Applied Behavior Analysis
- ★ Explore ways to implement coping strategies for anxiety, trauma and toxic stress.

The PM session is the same as the AM session. A Survey will be posted in the zoom chat at the end of the presentation. You must complete the survey to receive a Certificate of Completion. You can join the PM session if you miss part of the AM session.

AM Click →

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OR

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