

## **Complimentary Professional**

**Development for Educators** 

**Technical Assistance Program (TAP)** 

LIVE VIRTUAL COMPLIMENTARY PROFESSIONAL DEVELOPMENT WORKSHOP VIA



ZOOM



## **EXECUTIVE FUNCTIONING SKILLS:**

The brain's "Air Traffic Controller" - Tools for your students and YOU!

Thursday, January 8<sup>th</sup>, 2026 8:30 AM – 3:00 PM (ALL DAY)

Presented by Margaret Wood, Speech-Language Pathologist and TAP Consultant

**Executive function (EF)** skills include attention, planning, time management, task initiation, organization, problem solving, working memory, flexible thinking, emotional and self-control, which are essential for success in school, work, and life in general. This "management system of the brain" helps us control and coordinate our thoughts and actions to achieve a goal. Challenges with EF isn't a diagnosis or a learning disability, but it's common in people who learn and think differently, such as those with autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD) and are oftentimes the largest obstacles preventing an individual from experiencing academic, social, and occupational success.

During this workshop, we will fill our toolbox with a multitude of strategies to support our students' executive functioning skills, including "strategy instruction", a teaching process that provides students with clear strategies to help them process, remember, and express the information they learn. This powerful, lifelong tool boosts students' cognitive and metacognitive abilities while increasing their confidence as learners. For students who learn and think differently, strategy instruction is critical. Just as we teach content-area strategies, we can also teach crucial social strategies (such as listening and interpreting nonverbal signals), which results in higher engagement, less frustration, and improved classroom behavior.

The content of this workshop applies to staff working with ALL students (i.e., general and/or special education students of all ages and ability levels).

A survey will be posted in the zoom chat box at the end of the presentation. You must complete the Survey to receive your Certificate of Completion.

